

September 10, 2024

Dear Medical Associates Health Plans Member,

Thank you for choosing Medical Associates Health Plans (MAHP). We are committed to providing you the service you deserve and innovative resources for healthy living. It is our mission to provide superior healthcare and an excellent patient experience. We are pleased to be offered to the State of Wisconsin State and Local Employees and Retirees once again in 2025.

Here is an update for your coverage for 2025 and how to get the most out of our partnership.

*Please note: The It's Your Choice open enrollment period will be September 30 through October 25, 2024.

The following changes will apply to all State and Local members of the State of Wisconsin Group Health Insurance Program effective January 1, 2025:

- Members can access nutritional counseling for weight management under new clarification added to the
 Certificate of Coverage. Other services, like a specialty weight management coaching program called
 Positively Me, or lifestyle coaching for weight, nutrition, and physical activity are available through the
 Well Wisconsin Program.
- Expanded the lifetime limit on orthoptic eye training from two to no more than twelve.

MAHP is committed to helping members save on their healthcare costs. My e-Link, a personal member portal, is a free resource available to help you actively manage your claims and benefit information and keep track of your healthcare costs. With My e-Link, you can stay connected with MAHP from any computer or mobile phone with resources available at your fingertips 24/7, by using My e-Link at www.mahealthplans.com/hp/shop-plans/state-of-wi-plan/.

You may also contact our Member Services Department with any questions you may have regarding your coverage at 1-866-421-3992, or email memberservices@mahealthcare.com.

Referrals, Prior Authorizations, Out-of-Network Care — Referrals are not needed when receiving care from innetwork providers. Prior authorization is required for certain services, procedures, and out-of-network providers prior to receiving care. When a referral or prior authorization is requested, you will receive a written notification of the approval or denial. If you are unsure if a service, test, or procedure requires prior authorization, or a referral out of the network, please contact 1-866-421-3992 prior to your appointment. MAHP recognizes UW Health/University of Wisconsin Hospital and Clinics (UWHC) as a preferred referral center when care cannot be provided by an in-network provider. Prior authorization would be required for any services provided by UWHC.

Provider Information – State of Wisconsin group health plan participants (including dependents) are required to select either a Primary Care Provider (PCP) or a Primary Care Clinic (PCC). You can fill out the form located at https://www.mahealthplans.com/hp/shop-plans/state-of-wi-plan/ or call Member Services at 1-866-421-3992 to select or change your PCP/PCC.

Enclosed is an update of providers who are not participating in the Medical Associates Health Plans network in 2025. To access the complete provider directory please visit https://www.mahealthplans.com/hp/shop-plans/state-of-wi-plan/, then click on "Provider Directory". To request a printed directory be mailed to you, call 1-866-421-3992.

Patient Portal – Medical Associates Health Plans (MAHP) offers members who utilize Medical Associates Clinic providers a patient portal, Patient Station. Patients can view medical records including visit summaries, vital signs, medications, allergies, immunizations, and lab and radiology results. They can also send secure messages to their providers, view and request appointments, and request prescription refills. www.mahealthcare.com/patient-care-health-info/patient-station.

Care Coordination – Medical Associates Health Plans (MAHP) offers programs for all of your healthcare needs. Programs offered include: Health Coaching, Disease Management, Case Management, and Complex Case Management. These programs are free of charge and available to you as a member of our health plan.

- Health Coaches are available to help guide participants into healthy, sustainable behavior change.
 Participants are made aware of Health and Wellness Resources.
- Disease Management nurse offers education and support to help members with diabetes and hypertension (high blood pressure). This program includes valuable education and guidelines for care while promoting participation for continued healthy lifestyles.
- Case Management Nurses serve as a go-to person to help answer questions and serve as a patient
 advocate during acute and/or chronic episodes of care. The Case Management Nurses have knowledge of
 community resources and the healthcare services available to our members. Case Management Nurses
 assist participants in navigating through acute episodes of care and may then transition to a Health Coach
 or Disease Management Nurse for continued follow through and assistance in transitioning back to
 everyday life.
- Patient Services line is available for all members 24 hours a day 7 days a week. Our dedicated registered
 nurses are available to help you manage symptoms, utilizing standardized triage protocols, until you are
 able to access your primary care provider. They can also help find an urgent care setting in your area for
 evening and weekend needs.

All of these valuable programs are coordinated by highly skilled, compassionate registered nurses who personalize and tailor their services to benefit each individual person. Our nurses work in tandem with the physician to reinforce and strengthen the member's understanding and management of their medical condition(s).

We are privileged to serve all of your health plan needs.

Provider Network Update

The following providers are no longer participating in the Medical Associates Health Plans Network effective January 1, 2025.

| Practitioner Name | Specialty | Facility/Clinic |
|----------------------------------|-------------------------------|--|
| Amanda Schroeder, ADC | Alcohol & Drug Counseling | Lafayette County Human Services |
| Julie Ehlinger, ARNP | Cardiology | Medical Associates Clinic |
| Emily McCullick, PA | Family Medicine | Gundersen Boscobel Area Hospital and Clinics |
| Holly Griswold-Hershberger, ARNP | Family Medicine | Crossing Rivers Health |
| Kenneth Kuehnl, MD | Family Medicine | Gundersen Boscobel Area Hospital and Clinics |
| Kristen Huber, MD | Family Medicine | Crossing Rivers Health Center |
| Lisa Bourquin, ARNP | Family Medicine | Memorial Hospital of Lafayette County |
| Michelle Peterson, ARNP | Family Medicine | Gundersen Boscobel Area Hospital and Clinics |
| Nicole Barbee, MD | Family Medicine | Veterans Memorial Hospital |
| Robert Tomas, MD | Family Medicine | Medical Associates Clinic |
| Thomas Miner, DO | Family Medicine | Medical Associates Clinic |
| Cynthia Griffin, ARNP | Hospice & Palliative Medicine | Agrace HospiceCare Inc |
| David Watts, MD | Hospice & Palliative Medicine | Agrace HospiceCare Inc |
| Elizabeth Conwell, ARNP | Hospice & Palliative Medicine | Agrace HospiceCare Inc |
| Lori Richer, MD | Hospice & Palliative Medicine | Agrace HospiceCare Inc |
| Mary Spiller, APNP | Hospice & Palliative Medicine | Agrace HospiceCare Inc |
| Kim Ehlers, ARNP | Internal Medicine | Medical Associates Clinic |
| Abigail Argall, APSW | Mental Health Counselor | Memorial Hospital of Lafayette County |
| Alexia Thompson, PC | Mental Health Counselor | Northeast Iowa Mental Health Center |
| Elizabeth McErnlean, LISA | Mental Health Counselor | Northeast Iowa Mental Health Center |
| Katherine DeWall, CSW | Mental Health Counselor | Guttenberg Municipal Hospital |
| Kayfia Gordon, LPC | Mental Health Counselor | Northeast Iowa Mental Health Center |
| Nichol Hohenbrink, CSW | Mental Health Counselor | Northeast Iowa Mental Health Center |
| Daniel Finn, LISW | Mental Health Cousnelor | Guttenberg Municipal Hospital |
| Mary Sprosty, LCPC | Mental Health Cousnelor | Crawford County Health & Human Services |
| Phillip Smith, OT | Occupational Therapy | Medical Associates Clinic |
| Alethea Hein, MD | Ophthalmology | Medical Associates Clinic – Ophthalmology Dept |
| Anshul Agarwala, MD | Orthopaedics | Medical Associates Clinic |
| Kristen Anderson, DO | Pediatrics | Medical Associates Clinic |
| Meyer, Lisa, ARNP | Pediatrics | Medical Associates Clinic - Pediatrics Dept - East |
| Jacqueline Landess, MD | Psychiatry | Uplands Counseling Associates |
| Joni Downs, PhD | Psychology | Gundersen Boscobel Area Hospital and Clinics |

Medical Associates Health Plans does not discriminate on the basis of disability in the provision of programs, services, or activities. If you need this printed material interpreted or in an alternative format, or need assistance in using any of our services, please contact our office at 1-866-421-3992, TTY 1-800-735-2943.

Medical Associates Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-421-3992, TTY 1-800-735-2943.

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-866-421-3992, TTY 1-800-735-2943